

Patient's Name _____ Date _____

Treatment Recommendation:

NICODERM® CQ®

If you smoke 10 or less cigarettes a day:

14 mg (use 14 mg for 6 weeks, then step down to 7 mg)

7 mg (after using 14 mg for 6 weeks, use 7 mg for 2 final weeks)

If you smoke more than 10 cigarettes a day:

21 mg (use 21 mg for 6 weeks, then step down to 14 mg)

14 mg (after using 21 mg for 6 weeks, use 14 mg for 2 weeks, then step down to 7 mg)

7 mg (after using 21 mg for 6 weeks and 14 mg for 2 weeks, use 7 mg for 2 final weeks)

- Stop smoking completely when using NicoDerm® CQ®—even during hours when you're not wearing the patch
- Do not use NicoDerm® CQ® if you continue to smoke, chew tobacco, use snuff, or use a nicotine gum or any other nicotine-containing product
- Read and follow User's Guide for complete directions
- Keep patches away from children and pets, and follow package instructions to dispose of them

■ How to use NicoDerm® CQ® correctly

- Apply a new patch every 24 hours on dry, clean, hairless skin
- Remove backing and immediately press onto skin; hold for 10 seconds
- Wash hands after handling patch (applying or removing)
- Wear the patch for 16 or 24 hours
- Each day at the same time, apply a new patch to a different skin area
- Do not cut the patch into smaller pieces
- Do not wear the patch longer than 24 hours
- Stop wearing the patch after 10 full weeks (8 full weeks if you started with the 14 mg patch); if you still feel a need for the patch, talk to your doctor



Available in 21 mg, 14 mg, and 7 mg

GlaxoSmithKline makes an annual grant to the American Cancer Society for cancer research and education in return for the use of their seal.